

Songs Offer Inspiration to Those Who Grieve

Profits benefit cancer research

Karen Pavlicin's husband, Bob, died of colon cancer in February 2003, just after his 38th birthday. Karen shares the story behind her new album *Little Bit of Faith*, an inspirational CD for anyone experiencing trials and loss.

I've been a writer all my life. But when Bob died, I had no words. I could not write, not even in a journal. Then one night while standing at the stove cooking dinner, I began to sing. I sang about stories, about celebrating life. I loved telling Bob's stories, our stories. Yet I desperately missed his touch, his smell, his laugh. Could our stories bridge Heaven and Earth? Could they connect us on this journey?

Bob was a music connoisseur. Music filled our lives together. He could select the perfect song for any occasion. I was sure this song that played over and over in my head was a gift from Bob, my angel bringing God's grace. I recorded it and gave it to our family and friends that first Christmas.

As the months went by, I struggled with more questions about life, after life, purpose, destiny. What is it like in Heaven? What does our relationship mean now?

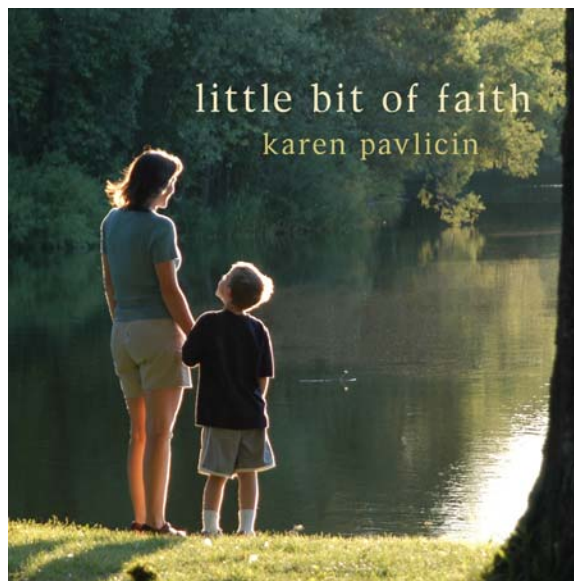
I heard more songs in my heart, songs that began to answer my questions and songs that helped me believe and trust even when I knew there may never be any answers.

Then I thought, "What if someone else needs words, too?"

These songs helped me sort through my beliefs and find faith to go on celebrating life. I hope the grace that helped me can help someone else have a little bit of faith, too.

CD: Little Bit of Faith www.LittleBitOfFaith.com
Artist: Karen Pavlicin www.KarenPavlicin.com
Label: Andermax Records www.AndermaxRecords.com
Release: November 24, 2008
UPC: 634479817960
Retail: \$15
Genre: Contemporary blues, folk, jazz
100% of profits go to cancer research

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"Karen takes the ineffable experience of grief and sings it out from her soul with such tenderness, vulnerability, and courage. The words and music are moving and lovely. The quality of her voice - I could listen many times. *Little Bit of Faith* is a beautiful work of spirit and art."

—Diane Nettifee, Magis Ventures

From "Stories" on *Little Bit of Faith*
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*Ever since you've been gone,
I've been wandering around
I see you in everything, hear you in every song
Yet your smell, your touch flies away with the breeze
And all that I'm left with is our stories*

*Is it the tears in my eyes
that make your image blurred?
Is your star the closest bridge
between Heaven and Earth?
How can I lay my head in your shoulder
and dream about tomorrow?
How do I celebrate life without you here?*

*Stories, stories, all that I'm left with is our stories
Bridging Heaven and Earth,
tomorrow, today, and yesterday
One moment at a time, we celebrated life
And when you celebrate life, you've got stories to tell*